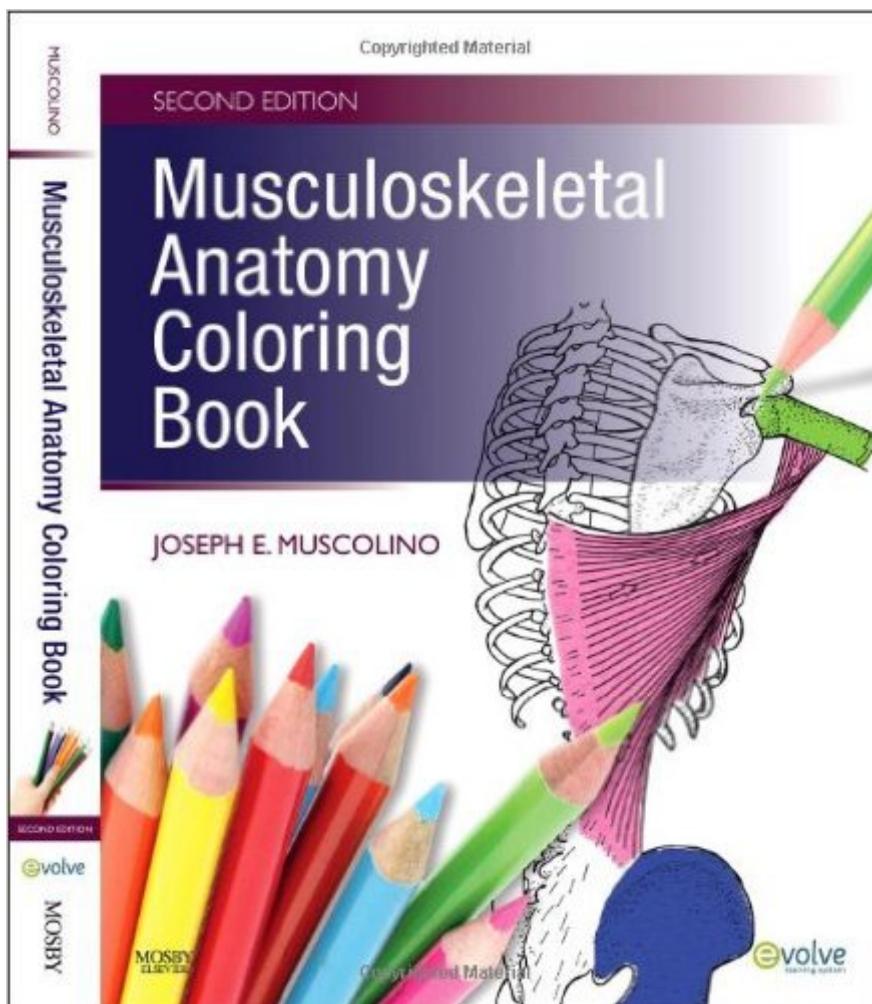


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# Musculoskeletal Anatomy Coloring Book, 2e



## Synopsis

Reinforce your understanding of musculoskeletal anatomy with fun, hands-on review and practice! Ideal for independent anatomy review or as a companion to Muscolino's The Muscular System Manual: The Skeletal Muscles of the Human Body, this unique study tool provides more detailed coverage of musculoskeletal anatomy than any other coloring book available and helps you develop the working knowledge of muscles you'll need for successful manual therapy practice. A unique focus on musculoskeletal anatomy reinforces concepts specific to manual therapy to help you study more efficiently. More than 650 high-quality, anatomically detailed illustrations enable easier, more effective review. Accurate, streamlined coverage of musculoskeletal information simplifies your review process and emphasizes concepts essential to manual therapy. A clean, consistent 2-page layout clearly illustrates the relationship between muscles and surrounding muscle groups.

Fill-in-the-blank self-study exercises with accompanying answer keys help you prepare for exams. Did You Know? feature in every muscle spread provides additional details to strengthen your understanding of musculoskeletal structures and functions. Short-answer review questions for each body region test your knowledge and help you learn to interpret anatomic information. A companion Evolve Resources website enhances your review experience through interactive study tools including downloadable audio pronunciations of muscle names, crossword puzzles, Name That Muscle review exercises, drag-and-drop labeling activities, and supplementary information on musculoskeletal topics such as innervation, arterial supply, and mnemonics for remembering muscle names.

## Book Information

Paperback: 456 pages

Publisher: Mosby; 2 edition (September 24, 2009)

Language: English

ISBN-10: 0323057217

ISBN-13: 978-0323057219

Product Dimensions: 8.4 x 1.2 x 10.8 inches

Shipping Weight: 2.9 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (37 customer reviews)

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## Customer Reviews

As a student of massage therapy I have found this particular "coloring book" an excellent supplement to the standard assigned textbooks for learning musculoskeletal anatomy. When I first picked up the book, I thought, "How corny....a coloring book to learn the bones and muscles of the human body." However, my thinking changed rapidly as I started to use it. I found that coloring the bones I was assigned to learn that week not only reinforced my classroom and textbook learning, but that it was really fun to take colored pencils and fill in the various parts. At age 55, my brain was not just learning the endless and bewildering names of all these body components, I was smiling at a coloring book, actually enjoying the otherwise tedious process! I might add that the organization of this book and the numerous "views" of the same muscles and bones is another great learning feature of this coloring book - unlike the small sketches and limited views in the Kapit/Elson anatomy coloring book which I also have.

In addition to presenting multi-dimensional information from "need-to-know" to "nice-to-know", this book combines visual and kinesthetic, through coloring, learning styles. It is well organized and is the perfect companion to Dr. Muscolino's textbook, "The Muscular System Manual". This is an important point as a previous learning experience with Kapit's, "The Anatomy Coloring Book" was a pleasant enough, yet left me feeling as if I had barely scratched the surface, his information falling short of sating my curiosity. Dr. Muscolino's texts provide the reader/user with plenty of data. The bones, bony landmarks, muscles, their actions and attachments are labeled clearly in perspectives that are described explicitly. Do not look for attachments to carry "origin" and "insertion" labels as some schools still may require, as this coloring guide subscribes to the expectations of the national certification exam which does not make those designations. Be certain to read the "Introduction": Part 1 guides the user briefly through body systems, and Part 2 ("Learning How Muscles Function") lays down axioms and corollaries of muscular structure and function. Then pick up your Venus Coloring Pencils, find your sharpener, let your inner artist out to play and learn!

I'm a massage therapist and was starting to forget specific muscles, so I got this to help me refresh my memory. This is a very well done book on the body's muscles with lots of facts about the individual muscles or groups. The pictures are of a good size, so coloring is not a problem and it doesn't look like a mess of colors when you're done. At the beginning of each section are B&W

illustrations showing the muscles to be covered from different views, then each page covers an individual muscle, with an illustration you can also color. An excellent resource!!

This book has been very helpful to my studies as a massage therapy student and occupational therapist. The book provided information on how muscles function, muscle actions and attachments and precise illustrations. The book was easy to understand and very thorough.

I have to say this book really helped a lot in my Kinesiology class. I actually had no clue a book like this existed until my professor suggested that if we wanted a little more help to get this book. It explains everything and provides blank charts for you to test your knowledge and memorization. If you are a nursing student or health science student like myself this book will be very extremely helpful for you.

This is an excellent book to learn all of the muscles and their functions. Great detailed pictures and information. Do not let the title of a coloring book fool you into thinking it does not give enough info. I teach science and this is a great resource for myself as well as the students. I highly recommend this book.

I got to say, I rarely leave feedback but I had to write one on this book. I am preparing for Physical Therapist Assistant school in the fall. The school gave us material to study over the summer. It was a lot of review of what we had learned in anatomy more focused on muscles and nerves, origins and insertions. So looking for something to help my studying I gave this book a try. My study partner from both my anatomy classes used to draw her pictures and color them. When I saw this, I thought what do I have to lose. This book has been absolutely priceless. I wish I found it earlier when I was taking anatomy classes. I don't know what it is about coloring the muscles in plus the origins and insertions. But it really locks it in my head and helps me remember it better. Not just the coloring itself but the book is very informative and interesting. I would recommend this book to any student going in the medical field!

Large pictures with lots of detail, very conducive to learning the muscles. The whole book is dedicated to this task.

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Essentials of Musculoskeletal Care, 5th Edition (Essentials of Musculoskeletal Care (Griffin))

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